

(available all day)

Muffins

blueberry, cranberry
walnut, chocolate
chocolate chip, apple
cinnamon, cappuccino
chocolate chunk, gluten
free cranberry orange or
banana walnut 3

Pastries

fruit turnovers,
raspberry-cream cheese
croissants, cinnamon
twists, various scones,
apple fritters 3

Bagel, Croissant, Wheat Toast

with butter 2

with cream cheese or jam
2.6

Maple Bacon Toast

2 slices of toasted hearty
wheat bread with whipped
cream cheese, sprinkled
with crumbled bacon, and
drizzled with maple syrup
(also available on wheat
bagel) 4 GF*

Power Toast

2 slices of toasted hearty
wheat bread with peanut
butter, spinach, and sliced
fresh banana 3.5 GF*

GF* = Gluten Free bread available

Breakfast



Granola made from Scratch

house granola: cinnamon
pecan

other varieties available
daily

8oz snack cup 3

served with choice of milk
3.75

with milk and fresh
banana or apple chips 4.25

Yogurt Parfait

vanilla yogurt layered with
blueberries and
raspberries and topped
with your choice of
granola 4.5

Classic Oatmeal

made with cinnamon and
brown sugar, dairy free 2 VG

Oatmeal and Quinoa

cooked oats and white
quinoa served with dried
cranberries, apple chips,
and pecans 4.5 VG

Banana Nut Oatmeal

cooked oats served/made
with cinnamon, walnuts,
and fresh banana slices
4 VG

Coconut Almond Oatmeal

cooked oats served/made
with cinnamon, toasted
coconut and sliced
almonds 4 VG

VG = Vegan

Breakfast

Veggie Breakfast Sandwich

a toasted wolferman's english muffin served with egg, pepperjack cheese, tomato, spinach, and onions 4 GF*

Monster Breakfast Sandwich

a toasted wolferman's english muffin served with 2 eggs, bacon, sausage, and cheddar and pepperjack cheese 6 GF*

Traditional Breakfast Sandwich

egg breakfast sandwich made with your choice of bread, meat, cheese, and veggie
english muffin/croissant/
GF bread
bacon/sausage/ham
cheddar/swiss/
pepperjack 4.5 GF*

Quiche

made from scratch and fresh each day

traditional made with crumbled bacon and cheddar cheese 5

quiche du jour made with baker's choice of fresh ingredients 5.25

Pancake Breakfast Sandwich

2 made from scratch pancakes served with egg, bacon, gouda, spinach, and maple rosemary aioli 5

GF* = Gluten Free bread available

Breakfast